

Grant Town EMS



American Heart Awareness Month

Heart health is the #1 ranked killer in the United States! In 2021 there were 695,547 deaths due to poor heart health (<https://www.cdc.gov/nchs/fastats/heart-disease.htm>). How can you prevent it? Manage your blood pressure, make sure to keep your cholesterol low, control your diabetes, live an active lifestyle, and maintain a healthy weight. To learn more about keeping your heart health visit :

<https://www.nhlbi.nih.gov/resources/heart-smart-basics-what-know-keep-yours-healthy>

Events happening this Quarter

- February 18 - Free CPR class To Register please visit our website granttownems.com



February

1 of every 3 deaths in the United States is caused by heart disease.

Each year, an estimated 785,000 people will have their first heart attack.

CPR & FIRST AID TRAINING

Saturday, February 18
12:00 - 4:00

IN HONOR OF AMERICAN HEART MONTH, WE ARE OFFERING A FREE CPR CLASS.
FIRST AID CERTIFICATION \$30
CLASS IS LIMITED, SIGN UP TODAY!

GRANT TOWN EMS
110 BALLAH AVE. GRANT TOWN, WV 26574

- March 8 - Board Meeting
- April 22 - Grant Town EMS Bingo -If you would like to sponsor a basket please call or send us a message on facebook! To purchase a ticket please visit our website!



PIONEER WOMAN & BASKET

BINGO

APRIL 22ND

DOORS OPEN 11:30
EARLY BIRD 12:30
REGULAR BINGO 1:00

TICKETS: \$20
EARLY BIRD: \$5
ADVANCE TICKETS RECEIVE FREE EARLY BIRD
GRANTTOWNEMS.COM

HOSTED BY:
GRANT TOWN EMS
110 BALLAH AVE. GRANT TOWN, WV 26574

Birthdays this Quarter

01/06 - [Breann Dean](#) - Paramedic

02/02 - [Ashley Hoffman](#) - Paramedic

02/09 - [Courtney Chaney](#) - Paramedic / Training Officer

02/10 - [Tiffany Workman](#) - EMT / Public Relations

02/19 - [Gauge Miller](#) - Paramedic

03/24 - [Amanda Stover](#) - Assistant Chief

Call Volume

November 2022- 263

December 2022 - 129

2022 Total Calls - 1500

January 2023 - 123

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110 Ballah Ave

Grant Town, WV 26574

