

GRANT TOWN EMS NEWSLETTER

OCTOBER/NOVEMBER 2018



CALL VOLUME:

SEPTEMBER-75

OCTOBER-60

UPCOMING EVENTS:

Thirty-One part at the Grant Town community building at 4:00 P.M.

Next Monthly Dinner:
Spaghetti, Meatballs, Garlic bread, Salad, Green beans and pie

December 2 from 11:00a.m. - 2:00 p.m.

LET'S

CELEBRATE:

YEARS OF SERVICE-

Courtney Chaney

(3 years of service)

Jacy McCann

(2 years of service)

Thomas Miller

(2 years of service)

Chelsea Welch

(1 year of service)

John Garrison

(1 year of service)

ABOUT US:

Grant Town EMS provides emergency ALD and BLS services 24 hours a day 7 days a week to Marion and Monongalia Counties. We have been serving the community since 1946 alongside the Grant Town Volunteer Fire Department. GTEMS became its own corporation in 2009 so paid staff could be provided. We also provide non-emergency transportation services to dialysis, doctor appointments, and more.

EMPLOYEE SPOT LIGHT

Robin Richardson

Emergency Medical Technician

In 2012 Robin received her state and national EMT certification. Robin started in February 2015 at the Grant Town emergency medical services. She is currently the Pediatric Care Coordinator for Grant Town EMS and places the order for supplies. Before moving to Grant Town, she previously lived in Braxton County. She likes to volunteer her time at the Fire Department. Before coming to Grant Town EMS, Robin was a wildlife rehabilitation and veterinary assistant for 20 years. Raised Great Danes, and still likes to work with animals in her free time.

Thank You Robin for all that you do,



FUN FACTS:

10 Reasons to Drink More Water

WHAT IT DOES TO YOUR BODY

1. It is 75% of your brain
2. It regulates your body temperature
3. It keeps your skin looking young
4. It protects your heart
5. It helps you burn fat
6. It prevents constipation
7. It decreases fatigue
8. It carries Oxygen to cells
9. It flushes toxins out
10. It helps you control calorie intake

HOW MUCH DO YOU REALLY NEED?

Your Weight (lbs) → Divide by 2 → = Number of Ounces

8 ounces = 1 glass 130lb woman = 8 glasses

Legally Fabulous
<http://legallyfabulous.com>

sources: www.webmd.com/diet/features/10-reasons-to-drink-water
www.mayoclinic.com/health/water/NL100288

CONTACT US

Grant Town EMS is available 24/7 for your emergency and non-emergency needs. To schedule a transport please contact our office.

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